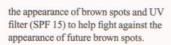
Ask the expert



Are brown spots or wrinkles causing you concern?
Dr Sam Bunting is here to answer your questions about the multiple signs of ageing



My skin seems to look tired and dull as I get older. What product can I use to help make my skin look brighter and softer?

Skin brightness is a key issue as

Skin brightness is a key issue as you get older, as radiance and lustre decrease with age. Try RoC Multi Correxion Day and Night Cream, which contains silk pearl technology – a unique combination of light reflectors that will immediately boost your skin radiance.

The skin under my eyes has started

to appear baggy with dark circles.
Will an eye cream help?
With age, the skin under the eyes becomes thinner and more wrinkled. This causes blood vessels to become more noticeable, resulting in the appearance of dark circles and eye bags. Why not try RoC Multi Correxion Eye Cream with light reflectors? You can also try applying cool cucumber slices or tea bags to help reduce morning puffiness.



RED PROMOTION

If you have a skin-ageing dilemma, or just want to know more about anti-ageing, then send in your question and contact details to roc@redmagazine.co.uk.

Dr Sam Bunting will pick some of the questions and offer advice in the next issues of Red. One reader will win a year's supply of a RoC product of their choice, worth £150. Closing date: August 3rd, 2010. See terms and conditions.

For more information about RoC, visit rocskinclinic.co.uk or call the careline on 0845 600 4477.



I work in a warm, dry office and it seems to intensify the signs of ageing on my skin. How can I keep my skin properly hydrated?

To ensure your skin is kept hydrated, it is important to drink plenty of water and use a rich moisturiser to help replenish moisture lost by the skin. Try RoC® Multi Correxion Day and Night Cream, which contains shea butter and glycerine, and provides 24-hour moisturisation.

What can I do about the appearance of brown spots and uneven skin tone?

Brown spots are caused by

cumulative sun exposure over time and lead to an uneven skin tone that can appear ageing. The formation of brown patches may also be due to changes in hormone levels, but sun-exposure also plays a key role in their development. These 'sun spots' can be a challenge to eradicate as cell renewal in the skin slows with age.

For everyday life, try using a face cream such as RoC Multi Correxion, which contains vitamin C derivative to help fade

Terms and conditions: 1. Promotion is open to UK residents aged 18 years and over, excluding employees and their families of Johnson & Johnson Ltd and Hachette Filipacchi UK Ltd, and any other associated with this promotion. 2. One entry per person. 3. No purchase necessary for this Promotion. The closing date is August 3rd 2010. Entires received after the relevant closing date will not be accepted. A All those who have submitted a question to b? Sam Burling and who have supplied their full contact details, will be put into a prize draw for the herance to win a year's supply (six units) of the RoSC product of their choice? ('the Prize'). One winner will be drawn under indispendent supervision on August 4th and notified by email within seven days of the draw. If the winner cannot be contacted within 2 days of the draw, if the winner cannot be contacted within 2 days of the draw, the prize and the prize and the prize to a substitute winner drawn at the same time as the original. S. Promoter's decision is final. No correspondence will be entered into. 6. Prizos are non-drawner between the prize of the prize and the prize to a substitute winner drawn at the same time as the original. S. Promoter's decision is final. No correspondence will be entered into. 6. Prizos are non-drawn and the prize of the entry is invalid. The Promoter reserves the question of the will be available from the Promoter on written nequest by sending a SAE to Promoterial and without some state of the winner's name and countries will be available from the Promoter on written nequest by sending a SAE to Promoterial to promoter in SA for the prize of the prize of